

## APPETIZERS

*ADD FRIES, SOUP, TOSSED SALAD, OR CAESAR SALAD \$3  
 GLUTEN SENSITIVE SIDE GRAVY \$2.00*

### DILL PICKLE CHIPS 14

Battered and deep-fried dill pickles served with your choice of dipping sauce

### BONELESS DRY RIBS 14

Deep fried crispy ribs served with your choice of sauce

### FIRECRACKER CALAMARI 14

Crispy fried calamari, dusted with Lemon Pepper. Served with Tzatziki

### NACHOS\* 16

Heaping platter of nacho chips smothered in Cheddar Jack cheese, olives, tomatoes, and onions

*ADD CHICKEN OR BEEF FOR \$3*

### SALT & PEPPER RIBS 12

Deep fried crispy ribs tossed in salt & pepper and garlic

### APPY PLATTER 36

A feast on snacks! Wings, ribs, shrimp, dill pickle chips, and onion rings. Serves 3-4 people

### PULLED PORK POUTINE 12

## SIDES

**SWEET POTATO FRIES 8 POUTINE 10 CROSS TRAX FRIES 8**

**FRIES 6 PEROGIES 8 ONION RINGS 8**

## DAILY SOUP CREATIONS

**SMALL 4**

**LARGE 6**

**JUMBO 8**

### WINGS 14

Fried, served with your choice of flavour:

*BBQ • HOT • HONEY HOT • LEMON PEPPER  
 HONEY GARLIC • GREEK • SALT & PEPPER  
 BUFFALO • SWEET CHILI*

#### PAIR IT WITH A BUD LIGHT

*When paired with wings, Bud Light's clean, crisp and refreshing character helps accentuate the many flavours.*



**\*GLUTEN FRIENDLY OPTION AVAILABLE TAXES NOT INCLUDED • ENJOY RESPONSIBLY.**

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## SALADS

*Served With Garlic Toast*

### MEDITERRANEAN GREEK\* 12

Chef's specialty: tomatoes, cucumbers, red onion, olives, and feta cheese served on a bed of romaine and finished with Quinoa and olive oil, herb and balsamic vinaigrette

### CHEF'S\* 16

Mixed greens topped with hard boiled eggs, bacon, ham, chicken and cheese

*SERVED WITH YOUR CHOICE OF DRESSING*

### COBB\* 16

Chicken breast, bacon, tomatoes, cucumber, avocado, hard boiled eggs, and cheddar cheese

*SERVED WITH YOUR CHOICE OF DRESSING*

### SOUTHWEST CAESAR\* 16

Classic Caesar with grilled taco seasoned chicken breast, red onion, tomatoes, and cheddar

### TEX MEX TACO 16

A crispy tortilla bowl, filled with mixed greens, red onion, tomatoes, and cheddar cheese with your choice of spicy chicken breast, or taco beef, tossed in poblano avocado ranch dressing

### CALIFORNIA CHICKEN\* 16

Tossed greens, chicken breast, red onion, tomatoes, cranberries, avocado, quinoa, sunflower seeds, and almonds served with our olive oil, herb and balsamic vinaigrette

### CLASSIC CAESAR SALAD\*

Small 10 Regular 12

### GARDEN SALAD\*

Small 8 Regular 10

*ADD CHICKEN \$4*

#### ENJOY A FRESH SALAD WITH A MICHELOB ULTRA

Michelob Ultra's refreshing balance of malt and hops easily cleanses the palate without eliminating flavour. The perfect pairing for a healthy active lifestyle and those seeking a great tasting, low carb / low-calorie beer.

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## CLASSIC SANDWICHES

*WHOLE WHEAT, WHITE, WHOLE GRAIN, OR RYE BREAD GLUTEN FRIENDLY ADD \$2. ALL SANDWICHES AND BURGERS ARE SERVED WITH CHOICE OF 2 SIDES. SUBSTITUTE SWEET POTATO FRIES, POUTINE, ONION RINGS, OR CROSS TRAX FRIES FOR \$2. GLUTEN SENSITIVE SIDE GRAVY \$2*

### DENVER WITH CHEDDAR 12

Denver omelet with ham, onions, melted cheddar  
Served on your choice of toast.

### BLT 14

Grilled smokehouse bacon, lettuce, tomato and mayo  
Served on your choice of toast.

### BLACKENED BUFFALO

### RANCH CHICKEN 18

Grilled chicken breast, onion, tomatoes, Cheddar Jack Cheese and Buffalo Ranch drizzle served on a toasted baguette

### BEEF MELT 18

Shaved beef and mozza served on a toasted baguette with au jus

### RUEBEN 18

Grilled corned beef, sauerkraut, Swiss cheese, and mustard on Rye.

### GRILLED CHICKEN SWISS 18

(grilled on garlic bread) Deli sliced roast chicken breast, bacon, onion, Swiss cheese, and a hint of BBQ sauce.

### ELMWOOD CLUB 18

Triple decker with sliced chicken breast, ham, bacon, lettuce, tomato, cheese and mayo, served on your choice of toast.

## BURGERS

*ALL BURGERS ARE 7 OZ., DRESSED WITH MAYO, KETCHUP, MUSTARD, LETTUCE, TOMATO, ONION, AND PICKLES*

### BACON CHEDDAR 18

Smokehouse bacon and cheddar cheese

### MOZZA MUSHROOM 18

Sauteed mushrooms topped with mozza cheese

### FETA CHICKEN KAISER 18

Grilled Chicken breast with feta cheese, lettuce, tomato, onion and tzatziki sauce

#### PAIR A BURGER WITH A BUDWEISER

Budweiser's balanced malt character and crisp finish make it an extremely versatile pairing partner with multiple flavours of our burgers. Budweiser's hoppy flavours and carbonation cut through the richness of cheese while accentuating the smooth texture

  
**BUD & BURGERS**





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 THIS BUD'S FOR YOU.

## WRAPS

*ALL BELOW ARE SERVED WITH CHOICE OF 2 SIDES. SUBSTITUTE SWEET POTATO FRIES, ONION RINGS, POUTINE OR CROSS TRAX FRIES FOR \$2. GLUTEN SENSITIVE SIDE GRAVY \$2*

### TACO BEEF 17

Ground beef, onion, lettuce, cheddar cheese, and salsa.

### CHICKEN CAESAR 17

Grilled chicken breast with our house Caesar dressing.

### PULLED PORK FRAZOLAKI 17

Pulled pork, lettuce, tomato, onion, feta cheese and tzatziki sauce.

### CRISPY CHICKEN RANCH 18

Chicken strips, lettuce, tomatoes, bacon bits, cheddar cheese, and Ranch dressing

### ELMWOOD CLUB WRAP 18

Roast chicken breast, ham, bacon, lettuce, tomato, cheddar, and mayo



## NAAN FLATBREADS

*ALL BELOW ARE SERVED WITH CHOICE OF 2 SIDES. SUBSTITUTE SWEET POTATO FRIES, ONION RINGS, POUTINE OR CROSS TRAX FRIES FOR \$2. GLUTEN SENSITIVE SIDE GRAVY \$2*

### CHICKEN ALFREDO 17

Chicken, bacon, onions, tomato, mozza cheese and Alfredo sauce

### MEDITERRANEAN 18

Chicken, peppers, onions, tomatoes, olives, mozza, and feta cheese



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## ELMWOOD SUGGESTS

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### CHICKEN STRIPS 17

Homestyle breaded chicken filets fried and served with dipping sauce

### ENGLISH STYLE FISH 17

A house favorite! Battered and deep-fried Cod served with tartar sauce and lemon

### QUESADILLA 18

Choice of chicken or beef with Monterey Jack cheese, tomato, onion, black olives, and jalapenos.

### STEAK SANDWICH 21

AAA 6oz center cut sirloin grilled to your preference. Topped with onion rings. Served with garlic toast.

#### TRY IT WITH A CORONA

*The lightness of Corona makes it a perfect companion for light meats, as the beer will not overpower the food and vice versa*



## MORE CLASSICS

*BELOW ITEMS SERVED WITH STARTER SOUP, TOSSED SALAD, OR CAESAR SALAD*

### LEMON PEPPER COD\* 18

Wild Pacific cod, lightly breaded and grilled with lemon butter.

**SERVED WITH RICE AND VEGETABLES**

### BABY RIBS ENDS 19

Stack of ribs, served with your choice of flavour: BBQ, GREEK, SALT & PEPPER

**SERVED WITH GRILLED TOMATO AND CROSS TRAX**

### CHICKEN ALFREDO\* 19

Sliced chicken breast smokey bacon with creamy alfredo style noodles and garlic toast.

### 8oz NEW YORK\* 26

AAA Angus striploin, grilled to your preference. Topped with sauteed mushrooms and served with grilled tomato, cross trax fries and a slice of garlic toast.

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## LITE BITES

FOR THE LIGHTER APPETITE, ALL MEALS \$10 AND INCLUDE ONE SIDE

### PANKO SHRIMP AND CHIPS

Deep fried panko breaded shrimp, served with your choice of side

### CHICKEN FINGERS

Two homestyle breaded chicken filets fried and served with your choice of dipping sauce

### CHEESE QUESADILLA

Grilled tortilla with melted cheese and your choice of side

### GRILLED CHEESE

Your choice of bread, grilled to golden perfection, with a cheesy centre.

### FETTUCCHINI ALFREDO

Creamy alfredo style cheesy noodles.

### GRILLED BREAKFAST BAGEL

Grilled bagel with a fried egg and cheese.

### LEMON PEPPER CHICKEN BREAST

4oz grilled chicken breast, seasoned with lemon pepper and your choice of one side

### CHEESEBURGER

4oz beef patty topped with cheddar cheese.

### HOT HAMBURGER

4oz beef patty, served on your choice of toasted bread, topped with fried onions and gravy

### ENGLISH STYLE FISH

One piece of battered cod, deep fried golden brown.

## SIDES

SHOESTRING FRIES

HOME CUT FRIES

CAESAR SALAD

TOSSED SALAD

VEGGIES & DIP

RICE PILAF

PEROGIES

CUP OF SOUP

COLESLAW

### SUBSTITUTE:

SWEET POTATO FRIES, ONION RINGS,  
POUTINE OR CROSS TRAX FRIES FOR \$2

ADD GLUTEN SENSITIVE GRAVY FOR \$2

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